

My Green Diary 2010

NAME: _____

SCHOOL: _____

CONTACT TEACHER: _____

ADDRESS: _____

On completion, please mail this Scrapbook to:
PO BOX 12117, GEORGE STREET,
BRISBANE, QLD 4003



Date: __/__/2010

WEEK 1

Date: __/__/2010

WEEK 2



Monday

Tuesday

Monday

Tuesday

Wednesday

Thursday

Wednesday

Thursday

Friday

Weekend

Friday

Weekend

YOUR ECO-MONITOR! Tally up the activities you do to help.

Water Energy Waste Food Nature Action TOTAL

YOUR ECO-MONITOR! Tally up the activities you do to help.

Water Energy Waste Food Nature Action TOTAL

2

3



WEEK 3

Date: __/__/2010

Monday

Tuesday

Wednesday

Thursday

Friday

Weekend

YOUR ECO-MONITOR! Tally up the activities you do to help.

Water	Energy	Waste	Food	Nature	Action	TOTAL
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WEEK 4

Date: __/__/2010

Monday

Tuesday

Wednesday

Thursday

Friday

Weekend

YOUR ECO-MONITOR! Tally up the activities you do to help.

Water	Energy	Waste	Food	Nature	Action	TOTAL
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4

5



Date: __/__/2010

WEEK 5

Date: __/__/2010

WEEK 6



Monday

Tuesday

Monday

Tuesday

Wednesday

Thursday

Wednesday

Thursday

Friday

Weekend

Friday

Weekend

YOUR ECO-MONITOR! Tally up the activities you do to help.

Water Energy Waste Food Nature Action **TOTAL**

YOUR ECO-MONITOR! Tally up the activities you do to help.

Water Energy Waste Food Nature Action **TOTAL**

6

7



Date: __/__/2010

WEEK 7

Date: __/__/2010

WEEK 8



Monday

Tuesday

Monday

Tuesday

Wednesday

Thursday

Wednesday

Thursday

Friday

Weekend

Friday

Weekend

YOUR ECO-MONITOR! Tally up the activities you do to help.

Water Energy Waste Food Nature Action **TOTAL**

YOUR ECO-MONITOR! Tally up the activities you do to help.

Water Energy Waste Food Nature Action **TOTAL**



8

9

Date: __/__/2010

WEEK 9

Date: __/__/2010

WEEK 10



Monday

Tuesday

Monday

Tuesday

Wednesday

Thursday

Wednesday

Thursday

Friday

Weekend

Friday

Weekend

YOUR ECO-MONITOR! Tally up the activities you do to help.

Water	Energy	Waste	Food	Nature	Action	TOTAL
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YOUR ECO-MONITOR! Tally up the activities you do to help.

Water	Energy	Waste	Food	Nature	Action	TOTAL
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NEED MORE
SPACE..

Date: __/__/2010

NEED MORE
SPACE..

Date: __/__/2010



12

13

YOUR ECO-MONITOR! Tally up the activities you do to help.

Water	Energy	Waste	Food	Nature	Action	TOTAL
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YOUR ECO-MONITOR! Tally up the activities you do to help.

Water	Energy	Waste	Food	Nature	Action	TOTAL
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IDEAS

WE'VE COMPILED A LIST OF IDEAS JUST TO GET YOU GOING

Try out these eco activities - share them with your family and friends.

Rate your progress - be honest so you know what you can work on.

GOING GREEN

Never Sometimes Always

ENERGY

- * Turning off the lights when you leave a room
- * Turning off electrical items at the wall (no standby lights)
- * Wearing a jumper when it is cold (not using a heater)
- * Using air conditioners sparingly - open windows instead
- * Using energy efficient light bulbs
- * Keeping the fridge door closed (know what you want before you open it)
- * Trying to walk and use public transport rather than cars
- * Learn how solar panels work - could you have them at home?

WATER

- * Turn off the tap while brushing your teeth
- * Taking quick showers
- * Using the half flush on the toilet
- * Turning off taps so they don't drip
- * Using a water bottle
- * Not buying water in a plastic bottle
- * Encouraging people to have a water tank at home
- * Being careful with water when taps are running

WASTE

- * Take your own bags shopping
- * Think carefully before you buy - do I really need this?
- * Purchase refillable products
- * Use rechargeable batteries
- * Reuse paper - both sides
- * Try not to use too much tissue and toilet paper
- * Repair broken things
- * Pick up any rubbish when you see it
- * Compost food scraps at home
- * Take your own handkerchief instead of tissues



Date: __/__/2010



GOING GREEN

Never Sometimes Always

- * Give your old clothes away or sell them
- * Use old clothes as household rags for cleaning
- * Buy products that are locally made
- * Try to buy products that use renewable materials

FOOD

- * Eat things that are in season
- * Buy food that comes from local farms
- * Think about the packaging
- * Eat more natural foods and less processed
- * Try growing your own food - start a veggie patch

NATURE

- * Pay attention to the environment around you
- * Find out about environmental issues
- * Research what species are endangered in your area
- * Get into the garden and plant things
- * Visit the museum and learn about our planet
- * Go bush walking with your family

TAKING ACTION

- * Talk about the things you are doing with your family and friends
- * Be involved in any environmental activities that are happening (tree planting, rubbish collection, animal care)
- * Email your friends with ideas about projects you could do
- * Find out who your politicians are and tell them what you think
- * Write articles for your school newsletter, local paper
- * Find out what kids are doing around the world
- * Learn about neighbouring countries who are facing problems
- * Keep informed - know what is going on by watching the news, reading websites



Stuck for bigger project ideas - you could try one of these on for size. Give it a go with your friends, at your school, at home. **THE IMPORTANT THING IS - HAVE A GO.**



FINAL COMMENTS (STUDENT):

COMMENTS FROM PARENTS:

STUDENTS SIGNATURE:

